

# Speedy's Ski Camps 2014

*Making Champions in the sport of ski racing and in life one training day at a time since 1979.*

**SPEEDY'S 2014 SPECIAL SUMMER CAMPS DISCOUNT OFFER sign up for either Speedy's MT. HOOD or MAMMOTH CAMPS BY 5/15 get 1 free day \$195. OFF**

Welcome to another ski racing season and your next training block at Speedy's Annual 2014 Mammoth MTN., and Mt. Hood spring n summer camps, followed by Speedy's Mammoth MTN. and Copper MTN. fall camp sessions. Following another successful winter season leading the Snow Summit Race Team (SSRT) as their Head U18-21 and FIS program coach, and a series of successful Speedy's summer and fall camps, Mark Archer, aka, Speedy along with his highly experienced and USSA certified coaching staff are kicking off their 2014 spring and summer sessions starting with Mammoth MTN. for 3 sessions from May 29-June 15 and Mt. Hood summer camps project, with 6 sessions from June 20th through August 20th. Then following all our Speedy's May - August spring and summer camps, Speedy's lineup of November 2014 fall training camp's begin. Starting off with 2 Speedy's camp sessions at Mammoth MTN. from November 8-17, followed by Speedy's Annual Copper Mtn.Thanksgiving camp from November 22 - November 29th. Speedy's Ski Camps covers all your, spring, summer and fall training blocks to ensure that you start your 2014 season fast and brings you your best race season race results ever!

**Please note all the Speedys Ski Camps 2014 Mammoth MTN. , MT. Hood, and Copper Mountain Camp section's have been updated for 2014. (Mammoth MTN. is in the MT. Hood section with sign up in the sign up now section) NEW for 2014 are** all camp session are now open to Masters + SL n GS only sessions at both MT. Hood and Mammoth, an 8 day SL n GS session on MT. Hood, Mammoth MTN. fall Tech Free SL n GS skiing fundamental skills session, plus Speedy made our Annual Thanksgiving Copper MTN. camp a 7 day on snow camp! All with NEW updated 2014 payment plans and interest free finance plans. ( + PLEASE SIGN UP FOR EITHER MAMMOTH OR MT. HOOD BY 5/15/14 N GET 1 FREE DAY VALUE OF \$195. OFF SESSION PRICE ) Done by using our Speedy's early pay in full, payment option for any Speedy's Ski Camp session at Mammoth, MT. Hood, and Copper MTN. Check out whats new for 2014 today! All inside any of the the Speedys Ski Camps 2014 camps updated camp section's to save big while joining us at our Mammoth MTN., MT. Hood or Copper MTN. ski race camp, spring, summer, and fall 2014 sessions!

## Why Speedy's Ski Camps?

"I've been working with Speedy since I was racing on the World Cup a long time ago! Then and now he knows knows how to set kids up for success and he knows how to get things done. Speedy creates a training environment where athletes get the coaching support and training that is just right for them."

- Edith Thys, Speedys MT. Hood Summer Camps Guest Coach, Former member of USST World Cup, World champs, Olympic teams and author of the book "Shut up n Ski"

Through his many years of coaching, Camp Director, Mark Archer, aka, Speedy understands the importance of off-season ski camps to develop skiers technical and tactical ski set in addition to conditioning the skier's mind and body in preparation for the upcoming and future race seasons. Speedy's training methods provide a planned progression through an intense, high-level, and proven training program. Speedy's staff is made up of experienced, certified, and seasoned professional coaches that coach full-time year around. Speedy's Ski Camp is not your average cookie cutter, one size fits all ski racing camp. Each session's coaching staff and training program is assessed and assigned according to ability level. This means that the U21-16's are not

working on the same technical and speed fundamentals and gate training progressions that the U14-10's are. Each has their own coach, directed ability level learning and training focus using varied terrain in association with strong gate and drill course sets. The profound success of these training programs are realized with well-balanced coach directed free-skiing progressions, utilizing our private salted training lanes for optimal Slalom, Giant Slalom, and Super G gate training for our athletes.

Athletes will attend "classroom" off hill discussions to promote ski tuning, nutrition and mental conditioning. Please keep in mind that these sessions are done when and if time allows while being done on a camp session by session basis at the coach's, and camp director's discretion. Video review will be done on an athlete coach 1 - 1 personal level, not in a group session. Thus providing a better learning atmosphere during each video session providing athletes their own personal technical and tactical skill level critique each video session. Speedy's Ski Camps designs the daily training program to suit each and every athlete's real technical, tactical, mental, and physical needs while keeping the fun factor into each training session, no matter what the age and/or skill level they bring to camp, giving them a new level of technical and tactical skills needed to be at the top of their game for this coming season and beyond.

### **Speedy's Ski Camps Mission Statement:**

*"To develop ski racer's technical & tactical skill set, while conditioning the mind and body in preparation for their next training block, winter competition season, & beyond!"*

### **Training Focus:**

Speedy's camp is a fantastic way to hone your individual ski racing skills. Our program design allows small, 6-1 coach-to-athlete ratios with multiple free ski and gate training runs. Proven training progression creates a solid platform of fundamental skills, focusing on technique, tactics and individual racing skill development. This early season foundation will ensure you a head start on your forthcoming 2013/14 racing season and beyond.

### **2014 Spring n Summer Camp location: Mammoth MTN. USA**

Offering 3 sessions total, 1 GS only, 1 SL only and 1 Tech SL/GS ( 3 days SL & 3 days GS ) training sessions from 5/28-6/13 2014.

### **Why Mammoth MTN:**

Mammoth has been hosting spring and summer training sessions the choice of the USST, Canadian, College, north american ski academy and Junior programs since 1974. Its state of the art facilities, private n salted training lanes offer the best in early spring/ summer SL/GS/SG training found anywhere in North America. Our lodging and meal program is on site within walking distance to the ski lifts for all our on snow training, complete with indoor wax room facilities, and meeting rooms for after hill video, tech n tactic sessions with your coaches.

### **2014 Summer Camp Location: Mt. Hood, Oregon, USA**

Offering you 8 sessions total, 1 GS only, 1 SL only and 3 Tech SL/GS ( 3 days SL & 3 days GS ) 6 day on snow training sessions beginning June 16th through August 13th.

### **Why Mt. Hood?**

Speedy's Summer Ski Camps are located at Timberline Ski Area on the Palmer Glacier in Mt. Hood, Oregon. Mt. Hood's Palmer Glacier historically holds an average snow base of 9 feet during the summer months of June, July, and August. It has been home to summer ski camps for the world's best National and Junior ski teams since 1960. Speedy's Ski Camps offers proven directed freeskiing, drills, modern successful brush - stubbie drill courses, with tall gate training done with use of 25mm, 27mm and 30mm gates within USSA/FIS length training courses. All of these training practices conducted on Speedy's ski camps secure, private, and fully salted training lanes.

## 2014 Fall Camp Location: Copper Mountain, Colorado, USA

Offering you 2 sessions a 7 day on snow Tech SL/GS training session from 11/16/13-11/22/13 plus a 6 day Speed GS/SG session from 11/22/14-11/30/14.

### Why Copper Mountain?

Historically, Copper Mountain offers one of the best snow making systems with state of the art grooming, giving us early season training not found anywhere else in North America. We have secured private training lanes ensuring the best conditions for both gate training and free-skiing.

### CAMP DATES & PRICES:

#### Mammoth MTN. 2014 Camp Sessions

**Session # 1 GS Camp**  
5/30-6/2 \$975.00 inclusive  
4 days GS  
w room/board/lifts/airport

**Session #2 SL Camp**  
6/5-6/9 \$975.00  
4 days SL  
w room/board/lifts/airport

**All Mammoth camps can be purchased with out room/board coaching/lifts only for \$650.00.**

**These camps are open to all Masters + U12-21 USSA/HS kids.**

#### MT. Hood 2014 Camp Sessions

**Session #1 SL Tech Camp**  
**6/15-21 \$1225.00**  
5 days SL  
w room/board/lifts/airport

**Session #2 GS camp**  
6/27-7/2 \$1225.00  
5 days GS  
w room/board/lifts/airport

**Session #3 SL camp**  
7/11-7/17 \$1225.00  
3 days SL 3 days GS  
w room/board/lifts/airport

## Here is what the Speedy's campers say about there experience at Speedy's Ski Camps:

Camp Testimonials from summer 2013:

*"I really enjoyed the camp at Mt. Hood this year. It was so much fun having our own lane next to everyone, and of course, skiing in the summer! The coaches were fabulous as well as the accommodations. I had a great time and can't wait for next year. Thanks so much!"*

- Laila Stevens, Ford Sayre Ski Club

*"Speedy's Camps have helped me single each individual issue I face while skiing and providing a very simple and sensible solution to each problem. The things I have learned at these camps will carry me through the season to prepare for the highest level of competition."*

- Patrick Romano, Lake Tahoe Racing Team

*"Speedy's Ski Camps on Mt Hood was filed with great training, exciting dryland, and lots of fun. I enjoyed 2 sessions this summer! The coaching from Speedy and Hinter was detailed and right on point! The conditions were good and firm in the morning, and led to phenomenal Slalom and G.S. training at both sessions! Thanks Speedy! "*

- Cameron Cain, Squaw Valley Ski Team

*" Speedy's Ski Camp was an awesome experience! Very good training progressions in both SL and GS, super good drill courses followed by full course sets. Speedy brings in his years of coaching through super simple and easy to understand points! All done on a true personal level designed for each camper on the hill to excel in their own way each training day. The lodging and meals were world class n the hikes throughout through the Mt. Hood area each afternoon were epic and lots of fun. The learning experience is fun at Speedy's Ski camps. I'll be back next year for sure!"*

- Corey Fusik & Marina Predovic, Tigard HS Ski Team Tigard Oregon

\* These are only a few Speedys Ski Camp testimonials find more inside

**Session #4 SL/GS camp**

7/5-14 \$1875.00

8 days SL/GS

w room/board/lifts/airport

our camper testimonial section link up on the home page \*

**Session #5 SL/GS**

7/25-7/30 \$1425.00

3 days GS 3 Days SL

w room/board/lifts/airport

**Session #6 SL/GS**

8/1-8/6 \$1425.00

3 days GS 3 days SL

w room/board/lifts/airport

**Session #7: SL/GS**

8/8-8/13 \$1425.00

3 days SL & 3 days GS

w room/board/lifts/airport

**All MT. Hood 5 day**

sessions can be

**purchased for \$975.00 w**

**out room/board**

**All MT. Hood 6 day**

sessions can be purchased

**for \$1175.00 w out**

**room/board**

**All MT. Hood 8 day**

sessions can be purchased

**w out room/board for**

**\$1625.00**

**All MT. Hood Camps open**

**to Masters + U12-21 + HS**

**Copper MTN. 2014 Fall**

**Session**

**Session #1 GS/SL Tech**

**Camp**

11/22 - 11/30 \$1,925.00

4 days GS & 3 days SL

with room/board/lifts/airport  
transfer

**All Copper Camps can be**

**purchased for**

**\$1,625.00 with out**

**room/board, and are**

**open to all masters n U18-**

**21 + HS kids.**

\* Copper GS training will be  
a varied on mix set so if you  
wanna rip on yo SGs both  
during free ski session n in  
the big GS bring em with\*

**Mammoth 2014 Fall  
session**

**Session # 1 11/7-11/11**

**\$695.00**

**Session # 2 11/12-**

**18 \$695.00**

On snow SL/GS free  
skiing fundamental's  
camp. 4 days on snow 2  
sessions 9am-11am n 12:00  
pm - 2:00 PM w vid review  
2:30PM

**(open to all Masters n U10-  
18's + HS athletes )**

**All Mammoth Fall camps  
can be purchased with out  
room/board for \$495.00.**

**COACHING STAFF:**

**Mark Archer aka**

**"Speedy"**

**Program Director & Head  
Coach**

**Additional Coaching staff**

**TBA**

**All camps feature USSA  
certified coaches  
and are staffed 1-6 athlete  
group ratio. Plus 1 Top  
level USSA and or College  
athlete will be on staff at  
each camp coaching n  
training with you.**

**Garrett Driller**

**Special Guest Athlete  
Squaw Valley Ski Team**

**Hunter Sturcke**

**Special Guest Athlete  
Romark Ski Academy**